

# Thinking about Dental Implants?

## WHAT ARE DENTAL IMPLANTS?

Dental implants may be a solution for adults who have missing, decayed, or diseased teeth. Made from titanium, implants look similar to a screw. They act as an artificial root to anchor other dental work like crowns and artificial teeth. You should work with a dental provider to make sure implants are right for you.

## WHO CAN GET DENTAL IMPLANTS?

Implants are not a good option for children or teens because their jaws are not done growing. Adults of any age may be good candidates for implants, but a person's overall health plays into the mix. Adults who are receiving chemotherapy or taking immuno-suppressive medication may not be good candidates. Other red flags are conditions like type 2 diabetes, bleeding disorders, immune deficiency disorders, cardiovascular disease, and those suffering from certain bone diseases.


## THE BENEFITS OF DENTAL IMPLANTS

Dental implants are increasingly used in place of dentures and bridges in appropriate candidates. Consider the following if you're thinking about getting implants:

- They stay in place. No slipping or clicking sounds when you speak.
- They help with proper chewing motions.
- Implants can boost self-confidence.
- No nightly removal and cleaning.
- No mandatory replacement every seven to 15 years.

## WHAT TO EXPECT

After an initial consultation determines that implants are a good solution for you, your dental provider will perform surgery to attach the implant to your jawbone and gum tissue. Crowns and/or artificial teeth will be placed once the implant area is healed. Implants are covered by Delta Dental under many group dental plans, so check yours at [deltadentalco.com/subscribers.aspx](http://deltadentalco.com/subscribers.aspx).



Looking for a Delta Dental provider? Go to [deltadentalco.com](http://deltadentalco.com) and click on Find a Dentist.