

Dental insurance is important.

It's a fact.



Fact:

Your health could be at risk.

Yes, it's true. Your overall health may be impacted by your oral health. Researchers have uncovered links between gum disease and systemic health, including scary associations with heart disease and strokes!¹ That's why it is so important to make dental care a priority—it can help you and your family live healthier, longer lives.

Did you know?

- 42% of adults in Colorado do not have dental insurance.² Imagine every person in the Denver/Aurora-Metro area going without dental insurance.
- Colorado kids miss 7.8 million hours of school annually, due to oral pain.³
- 46% of Colorado kindergartners had untreated dental decay and/or fillings.³

Fact:

Nearly 100% of oral disease is preventable.⁴

Invest in your future—make dental care a priority. People with dental insurance are more likely to visit the dentist regularly. Routine exams allow your dentist to get to know you and to follow your health history. Dentists are more able to catch and treat potential problems early when they see their patients on a routine basis.

Did you know?

- Patients receiving regular preventive oral care have better oral health.⁵
- Tooth decay remains the single most common chronic childhood disease.⁶
- If you have cavity-causing germs in your mouth, you can easily pass them to your baby.⁷
- Expectant mothers can help prevent cavities in their children by keeping their own mouths healthy.





Healthy habits lead to healthy smiles.

What does “healthy living” really mean? Diet, exercise and plenty of rest are major components of a healthy lifestyle, but did you know that other healthy habits include:

- Regular dentist visits
- Brushing and flossing at least twice a day
- Making nutritious food choices
- Sharing your medical conditions with your dentist

How to find a dentist

website:

You can visit us online at

www.deltadentalco.com

Click on the Subscriber Connection link to:

- Print member ID cards
- Find a dentist
- View benefits
- Print Explanation of Benefits (EOB)
- And much, much more!

Customer Relations

Monday–Friday 8:00 a.m. to 6:00 p.m. MST

call:

303-741-9305
Denver-metro
800-610-0201
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mail:

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Facts about Delta Dental of Colorado

Since 1958, Delta Dental of Colorado has worked to improve our citizens’ oral health by developing relationships and programs that emphasize prevention and positive oral health outcomes.

We offer:

- **The largest network of dentists in the state**
- **Innovative plan designs and features**
- **Aggressive cost control**
- **Support of charitable programs that reflect our mission: to improve the oral health of the communities we serve.**

Delta Dental of Colorado is passionate about oral health—it is so important for us and the next generation of Colorado kids. We work hard to make dental care accessible to more people in Colorado.

Sources

1. <http://www.perio.org/consumer/mbc.heart.htm>
2. <http://www.beasmartmouth.com/pdf/Oral%20Health%20%26%20Adults%20Fact%20Sheet%20Edited%200n%20Shell.pdf>
3. <http://www.cdph.state.co.us/pp/oralhealth/Impact.pdf>
4. <http://www.cdc.gov/NCCDPHP/publications/AAG/doh.htm>
5. <http://jada.ada.org/cgi/reprint/136/1/58>
6. http://www.ada.org/public/manage/you/working_access_fact.pdf
7. <http://www.beasmartmouth.com/youngchildren.php>



Delta Dental of Colorado's Mission –

To improve the oral health of the communities we serve.

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At Delta Dental, we're passionate about oral health. We understand how important good oral health is, and we're dedicated to making dental care available through a strong network of dentists and benefit plans designed to meet your needs. Caring for Colorado's oral health for almost 50 years. It's what we live for.