

## 2 + 2 Joint Articulation Transfer Agreement

### Bachelor of Science in Exercise Science, Health Promotion, and Recreation (General Exercise Science)

#### Colorado State University – Pueblo And Pueblo Community College

<b>B.S. Requirements at CSU-Pueblo</b>			<b>A.S. Requirements at PCC</b>		
<b>Lower Division General Education Requirements</b>			<b>Equivalent Courses at PCC</b>		
Course #	Course Title	Credits	Course #	Course Title	Credits
ENG 101	Composition I	3	ENG 121	English Composition I	3
ENG 102	Composition II	3	ENG 122	English Composition II	3
SPCOM 103	Speaking and Listening	3	COM 115	Public Speaking	3
Humanities	Select from statewide Gen Ed Core	6	*Humanities	*Select from statewide Gen Ed Core <b>*3 credits carried over to Open Electives Section</b>	6 + (3)
Social Science PSYCH 151	Intro to Human Development Select from statewide Gen Ed Core	3 3	Social Science PSY 235	Human Growth & Development Select from statewide Gen Ed Core	3 3
History	Select from statewide Gen Ed Core	3	History	Select from statewide Gen Ed Core	3
MATH 121	College Algebra	4	MAT 121	College Algebra	4
BIOL 223	Physiology & Anatomy I	3	BIO 201	Human Anatomy & Phys I	4
BIOL 223L	Physiology & Anatomy I Lab	1			
BIOL 224	Physiology & Anatomy II	3	BIO 202	Human Anatomy & Phys II	4
BIOL 224L	Physiology & Anatomy II Lab	1			
<b>Subtotal</b>		<b>36</b>	<b>Subtotal</b>		<b>36</b>
<b>Core Course Requirements</b>			<b>Equivalent Courses at PCC</b>		
AT232	First Aid	2	HWE 103	Community First Aid & CPR	1
BIOL 112	Nutrition	3	HWE 100	Human Nutrition	3
EXHP 101	Introduction to EXHPR	2	*HWE 125	*Intro to Human Performance <b>*1 credit carried over to Open Electives Section</b>	2 + (1)
EXHP 162	Personal Health	3			
EXHP 162L	Personal Health Lab	1			
EXHP 222	Behavior Facilitation	3			
EXHP 343	Measurement and Evaluation	3			
EXHP 344	Exercise Physiology	3			
EXHP 344L	Exercise Physiology Lab	1			
EXHP 364	Kinesiology	3			
EXHP 461	Managing Programs in EXHPR	3			
<b>Subtotal</b>		<b>27</b>	<b>Subtotal</b>		<b>6</b>
<b>General Exercise Science Requirements</b>			<b>Equivalent Courses at PCC</b>		
AT 260	Care & Prevention of Athletic Injuries	3			
EXHP 201	Drugs and Healthy Lifestyles	3			
EXHP 260	Care and Prevention of Injuries	3			
EXHP 436	Exercise Assessment & Leadership	3			

EXHP 494 or EXHP 498	Field Experience or Internship	6 12			
<b>Subtotal</b>		<b>15-21</b>			
<b>13-19 credits from the following with a minimum of 4-10 upper division</b>					
AT 279	Practicum in Athletic Training I	2			
AT 323	Functional Exercise Training	2			
EXHP 103L	Triathlon	1			
EXHP 105L	Snow Sports	1			
EXHP 106L	Martial Arts and Self-Defense	1			
EXHP 108L	Yoga	1	PED 147	Yoga I	1
EXHP 109L	Volleyball	1			
EXHP 110L	Weight Training	1			
EXHP 111	Commitment to Academic Excellence	1			
EXHP 113L	Whiteboard Boating	1			
EXHP 115L	Skiing	1			
EXHP 116L	Camping	1			
EXHP 117L	Backpacking	1			
EXHP 118L	Jogging	1			
EXHP 120L	Aerobics	1			
EXHP 175L	Racquetball	1			
EXHP 176L	Life Guard Training	2			
PSYCH 205	Intro to Sports Psychology	3			
EXHP 233	History and Principles of Physical Education and Recreation	2			
EXHP 243	Methods of Rhythmic Activities	2			
EXHP 245	Motor Learning and Development	3			
EXHP 288	Health Promotion Practicum	3			
EXHP 323	Functional Exercise Training	2			
EXHP 345	Methods of Physical Activities & Games I	2			
EXHP 346	Methods of Physical Activities & Games II	2			
EXHP 348	Methods of Individual and Dual Sports	3			
EXHP 382	Lifestyle Disease Risk Reduction	3			
EXHP 432	Applied Sport & Exercise Psychology	1			
EXHP 464	Adapted Physical Education	3			
EXHP 470	Methods of Coaching and Officiating	3			
EXHP 472	Coaching & Officiating Basketball	1			
EXHP 475	Coaching & Officiating Volleyball	1			
EXHP 482	Coaching & Officiating Wrestling	1			
EXHP 483	Coaching & Officiating Baseball	1			
EXHP 484	Coaching & Officiating Soccer	1			
EXHP 485	Methods in Health Promotion	3			
EXHP 494	Field Experience	1-5			
EXHP 498	Internship	12			
PSYCH 205	Introduction to Sports Psychology	3			
REC 100L	Wilderness Technical Skills	1			
REC 102	Mountain Orientation	2			
REC 103	Winter Orientation	2			
REC 104	Desert Orientation	2			
REC 105	Canyon Orientation	2			

REC 240	Recreation Program Design	3			
REC 249	Challenge Course Leadership	2			
REC 270	Outdoor Leadership I	2			
REC 322	Wilderness First Aid	2			
REC 350	Leadership an Ethics	3			
REC 360	Outdoor Education	3			
REC 375	Research and Evaluation of Recreation	3			
REC 485	Recreation Facility Design/Mgmt	3			
<b>Subtotal</b>		<b>13-19</b>	<b>Subtotal</b>		<b>1</b>
<b>Additional Related Requirements</b>			<b>Equivalent Courses at PCC</b>		
CIS 100	Intro to Word and Windows	1	CIS 118	Introduction to PC Applications	3
CIS 103	PowerPoint and Web Publishing	1			
CIS 104	Excel Spreadsheets	1			
<b>Subtotal</b>		<b>3</b>	<b>Subtotal</b>		<b>3</b>
<b>Additional Degree Requirements</b>					
Open Electives	May be any Academic Discipline. <b>Student must be sure to select enough Upper Division credits to meet the 40 hour Upper Division Requirement</b>	20	*COM 115	*Public Speaking <b>*3 credits carried over from the Gen Ed Communications Core</b>	3
			*HWE 125	*Intro to Human Performance <b>*1 credit carried over from the Core Course Requirements Section</b>	1
			*BIO 105	*Science of Biology <b>*This course is a prerequisite for BIO 201 (see Gen Ed Physical Science Core</b>	4
			Electives	Select courses from the A.S. approved list to complete the AS degree	6
<b>Subtotal</b>		<b>20</b>	<b>Subtotal</b>		<b>14</b>
<b>Total Credits Required for A.S.</b>					<b>60</b>
<b>Total Transfer Credit Accepted for A.S.</b>					<b>60</b>
<b>Total Additional Credit Required for B.S.</b>					<b>60</b>
<b>Total B.S. Requirements</b>					<b>120</b>

Students who successfully complete this program as specified are eligible to apply for a *Destination CSU-Pueblo* scholarship.

This articulation transfer agreement replaces all previous agreements between PCC and CSU-Pueblo in Bachelor of Science in Exercise Science, Health Promotion and Recreation (General Exercise Science). This agreement will be reviewed annually and revised (if necessary) as mutually agreed.

cam: 02/24/09  
revised: 02/22/10  
revised: 06/08/10